



LING MOOR  
A PRIORY ACADEMY

# Extra-Curricular Clubs

## Autumn 2024/25



***'Empowering potential'***



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At Ling Moor Primary Academy we aim to offer a wealth of different activities both during and after school. Our extra-curricular activities are really important to us as it provides further opportunities to 'empower the potential' our children have, to excel further as Ling Moor Learners and provide more 'serious fun!' Our extensive programme will offer the children the chance to develop skills which go beyond the school curriculum.

#### What kinds of opportunities will be available to my child?

We have carefully considered the range of provision on offer to cover art, sport, STEM, music and life skills. You may notice slightly more clubs on offer for KS2 than KS1. We have increased the number of clubs available for pupils in KS1 and will continue to look at our offer.

#### Who will be running these sessions?

A significant number of sessions will be run by external providers who are experts in their fields. We are delighted to have built strong relationships with these providers and that our pupils get the chance to benefit from their knowledge, skill and experience. A number of sessions will be run by the school staff team who will be giving their time to offer children these opportunities after school.

#### Why is there a charge for some clubs?

Due to the high quality of external providers, some clubs require a charge to ensure they can be offered to pupils and have the capacity to run. It also covers the use of resources which may be needed to run the club. Pupils who are in receipt of pupil premium are entitled to a 50% reduction in the cost of the after school club. You will also be given the option to pay in two instalments to help spread the cost over the term.

#### Why do children need to commit to a full term?

Numerous research studies highlight the academic and social benefits of sustained extra curricular engagement. Just like clubs the children may attend at weekends, the longer children commit to developing a new skill, the more successful they are likely to become.

We have therefore decided that children should therefore 'commit' at least 1 big term (Autumn, Spring or Summer) to developing a new skill before reviewing if they wish to continue.

Children that register for a club but are not successful this term will be contacted before the beginning of the following term to see if they are still interested in a place before we open up the spaces to all pupils. Giving everyone an equal opportunity to take part in a club each academic year.

#### How do I book?

The window for registering for clubs starting in September will be **Monday 8th July - Friday 12th July**. You can register your interest in a club by following the link and completing the form which can be found under each club description in this booklet. Places will be allocated on a first come first serve basis. After this deadline, we will contact families to let them know whether their child has a place on the club and the payment will then be made available on ParentPay. All after school clubs will begin the week commencing **9th September 2024**.

\*Payment will need to be received before your child is able to start the club.



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## Autumn Term Clubs Overview

2024/25

<u>Mondays</u>	<u>Tuesdays</u>	<u>Wednesdays</u>	<u>Thursdays</u>	<u>Fridays</u>
Football Y3/4	Girls Football Y1-6	Football Y1/2	Football Y5/6	Tag Rugby Y5/6
Choir KS1	Craft Club Y1/2/3	Multi Sports KS1	Netball Club Y3/4	Belly Dancing KS2 (Intermediate)
Choir KS2	Running Club KS2	Ukulele Club KS2	Starlight Musical Theatre Club KS2	
Playmakers Award Y3/4	Gardening Club KS1 & KS2	Gardening Club KS1 & KS2	Craft Club Y1/2/3/4	
	Starlight Musical Theatre Club KS1	Belly Dancing KS2 (Beginners)	Music Club FDS/KS1	
	Belly Dancing KS1 (Beginners)	Music Workshop Glockenspiel Y2/3 (During school day)	Belly Dancing KS1 & KS2 (Intermediate)	
		Edubox Yoga Club KS1 & KS2	Warhammer Y5/6	
		Cook Stars		

# Sports



## Playmakers Award KS2 (Y5-6)

<b>Who and when?</b>	Mr Small	Mondays 3.15-4.15pm
<b>How many?</b>	19	
<b>What?</b>	The PlayMaker Award is a great introduction into leadership giving learners knowledge of how to organise small games and activities that can be used during curricular and extracurricular time, lunchtimes, breaks, as well as in sports clubs outside school hours. The PlayMaker Award aims to help learners develop leadership skills such as organisation, communication and teamwork, as well as helping to build confidence and self-esteem as they take on the responsibility of assisting in leading their peers and younger children.	
<b>Where?</b>	Mrs Diggin's Classroom	
<b>Cost?</b>	Free	<b>Register interest <a href="#">here</a></b>

## Netball KS2 (Y3-4)

<b>Who and when?</b>	Mr Small	Thursday 3.15-4.15pm
<b>How many?</b>	30	
<b>What?</b>	Bee netball is an updated version of the "High 5" rules, specifically designed for the under 11s to introduce them to netball. Bee netball encourages maximum participation in every aspect of the game and even lets kids score and time-keep, as well as enjoying a taste of every position. Learning to work as a team and how to win and lose are all part of the game.	
<b>Where?</b>	Mrs Coulson's Classroom	
<b>Cost?</b>	Free	<b>Register interest <a href="#">here</a></b>



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# Sports

## Football KS1 (Y1-2)

<b>Who and when?</b>	Lincoln City Foundation Wednesday 3.15-4.15pm
<b>How many?</b>	20
<b>What?</b>	An opportunity for pupils in Y1/2 to develop their football skills, learn the tactics of the game and apply their skills in match contexts.
<b>Where?</b>	Miss Abernethy's Classroom
<b>Cost?</b>	£39 <b>Register interest <a href="#">here</a></b>

## Football KS2 (Y3-4)

<b>Who and when?</b>	Lincoln City Foundation Monday 3.15-4.15pm
<b>How many?</b>	20
<b>What?</b>	An opportunity for pupils in Y3/4 to develop their football skills, learn the tactics of the game and apply their skills in match contexts.
<b>Where?</b>	Miss Abernethy's Classroom
<b>Cost?</b>	£39 <b>Register interest <a href="#">here</a></b>

## Girls Football KS1 & KS2 (Y1-6)

<b>Who and when?</b>	Lincoln City Foundation Tuesday 3.15-4.15pm
<b>How many?</b>	20
<b>What?</b>	An opportunity for girls in KS1 & KS2 to develop their football skills, learn the tactics of the game and apply their skills in match contexts.
<b>Where?</b>	Miss Abernethy's Classroom
<b>Cost?</b>	£39 <b>Register interest <a href="#">here</a></b>

## Football KS2 (Y5-6)

<b>Who and when?</b>	Lincoln City Foundation Thursday 3.15-4.15pm
<b>How many?</b>	20
<b>What?</b>	An opportunity for pupils in Y5/6 to develop their football skills, learn the tactics of the game and apply their skills in match contexts.
<b>Where?</b>	Miss Abernethy's Classroom
<b>Cost?</b>	£39 <b>Register interest <a href="#">here</a></b>



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# Sports



## Running Club KS2 (Y3-6)

<b>Who and when?</b>	Mr Small	Tuesday 3.15-4.15pm
<b>How many?</b>	30	
<b>What?</b>	Join Mr Small on a Tuesday afterschool for an hours worth of cross country running around the school grounds. We will be open to anyone in KS2 who is keen to improve their fitness levels and maybe go on to represent the school at some competitions during the school year. It's open to anyone whatever your running background from novice to all out pros!	
<b>Where?</b>	Mrs Coulson's Classroom	
<b>Cost?</b>	Free	<b>Register interest <a href="#">here</a></b>

## Tag Rugby KS2 (Y5-6)

<b>Who and when?</b>	Mr Small	Friday 3.15-4.15pm
<b>How many?</b>	30	
<b>What?</b>	Tag Rugby is a minimal contact version of Rugby, generally played in the 7-a-side format. Tag Rugby is one of the fastest growing sports within the UK so join Mr Small for an hours' worth of games and skills coaching on a Friday afternoon.	
<b>Where?</b>	Miss Abernethy's Classroom	
<b>Cost?</b>	Free	<b>Register interest <a href="#">here</a></b>

## Multi Sports KS1 (Y1-2)

<b>Who and when?</b>	Mr Small	Wednesday 3.15-4.15pm
<b>How many?</b>	30	
<b>What?</b>	Mr Small will be providing an afterschool club jam packed with favourite games to keep everyone on their toes! From tig and tag games to using new equipment - each week will bring something different and challenging to keep everyone active.	
<b>Where?</b>	Mrs Taylor's Classroom	
<b>Cost?</b>	Free	<b>Register interest <a href="#">here</a></b>



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# The Arts



Lincolnshire  
Music Service

## Choir KS1 (Y1-2)

<b>Who and when?</b>	School Staff Monday 3.15-4.00pm
<b>How many?</b>	N/A
<b>What?</b>	An opportunity for the children to work on different arrangements of popular music as well as music from different genres . These children have opportunities to perform at events in and outside of school.
<b>Where?</b>	Mrs Wall's Classroom
<b>Cost?</b>	Free <b>Register interest <a href="#">here</a></b>

## Choir KS2 (Y3-6)

<b>Who and when?</b>	School Staff Monday 3.15-4.15pm
<b>How many?</b>	N/A
<b>What?</b>	An opportunity for the children to work on different arrangements of popular music as well as music from different genres . These children have opportunities to perform at events in and outside of school.
<b>Where?</b>	Mrs Coulson's Classroom
<b>Cost?</b>	Free <b>Register interest <a href="#">here</a></b>

## Ukelele KS2 (Y3-6)

<b>Who and when?</b>	LMS Wednesday 3.15-4.15pm
<b>How many?</b>	
<b>What?</b>	An opportunity for children to continue their learning from in class music lessons. Children will be taught by a specialist teacher from Lincolnshire Music Service, developing their playing and performing skills and exploring a range of musical genres.
<b>Where?</b>	Mrs Diggin's Classroom
<b>Cost?</b>	£52 <b>Register interest <a href="#">here</a></b>

## Glockenspiel (Y3-6)

<b>Who and when?</b>	LMS Wednesday (During school day)
<b>How many?</b>	N/A
<b>What?</b>	An opportunity for children to learn basic musical skills including reading staff notation, rhythm skills and performance techniques. The children will be taught by a specialist teacher from Lincolnshire Music Service and will explore a range of musical styles.
<b>Where?</b>	Mrs Diggin's Classroom
<b>Cost?</b>	£52 <b>Register interest <a href="#">here</a></b>

# The Arts

## Starlight Musical Theatre KS1 (Y1-2)



<b>Who and when?</b>	Starlight Theatre Academy	Tuesday 3.15-4.15pm
<b>How many?</b>	15 (8 minimum)	
<b>What?</b>	In these inclusive and vibrant sessions students will participate in acting, singing and dancing techniques, working with an experienced and knowledgeable professional. Students will work with scripts and learn how to devise performances with different themes for different terms. Students will play fun filled confidence boosting games and work with each other to create performances and friendships in a relaxed atmosphere. Students will get to perform their hard work in our end of term showing where parents will be invited to attend and join together to celebrate students' achievements.	
<b>Where?</b>	Mrs Durkin's Classroom	
<b>Cost?</b>	£65	Register interest <a href="#">here</a>



## Music Club (FS & KS1)

<b>Who and when?</b>	LMS	Thursday 3.15-4.15pm
<b>How many?</b>	18	
<b>What?</b>	A club for Reception to Year 1 students where we experience, share and discuss a wide variety of different types of music. We practice fundamental musical skills, such as singing, rhythm work and working together while making music. The children also get the opportunity to experience lots of new and different styles of music from different time periods and parts of the world. We use these experiences to discuss and broaden our musical vocabulary and knowledge, and have lots of fun joining in with the singing or playing along to the rhythms!	
<b>Where?</b>	Mrs Melladay's Classroom	
<b>Cost?</b>	£52	Register interest <a href="#">here</a>

## Starlight Musical Theatre KS2 (Y3-6)

<b>Who and when?</b>	Starlight Theatre Academy	Thursday 3.15-4.15pm
<b>How many?</b>	15 (8 minimum)	
<b>What?</b>	See above	
<b>Where?</b>	Mrs Durkin's Classroom	
<b>Cost?</b>	£65	Register interest <a href="#">here</a>

# The Arts



## Belly Dance KS1 & KS2

<b>Who and when?</b>	Hippy Shake Dancers (see timetable)
<b>How many?</b>	16
<b>What?</b>	We have lots of fun putting together different genres of dance and incorporating it with belly dance. We then go on to showcase what we learn at various events throughout the year including a hafla that I organise. I've seen children start dancing with me, being very shy and self conscious and have them transform into confident, well rounded hard working superstars! I emphasize a lot on body positivity, hopefully helping to enforce that each one of us are exactly who we should be, regardless of what anyone else thinks. All wrapped up in a crazy hour of fun and lots and lots of laughter!
<b>Where?</b>	Phonics Suite
<b>Cost?</b>	£52 <b>Register interest <a href="#">here</a></b>



## Craft Club (Y1/2/3)

<b>Who and when?</b>	The Fairy Workshop	Tuesday 3.15-4.15pm
<b>How many?</b>	15	
<b>What?</b>	Craft club is the perfect afterschool club for those kids who love to create, craft, paint and get a little bit messy sometimes! Each week, we use high quality materials and through a gently guided session, making something new that can be taken home at the end. It is a chance to unlock your child's creative and crafty side, and for their imaginations to run wild! We have lots of fun, we always have the tunes playing and for over an hour, we get lost in the world of pure imagination!	
<b>Where?</b>	Mr Lawrence's Classroom	
<b>Cost?</b>	£78	<b>Register interest <a href="#">here</a></b>

## Craft Club (Y1/2/3/4)

<b>Who and when?</b>	The Fairy Workshop	Thursday 3.15-4.15pm
<b>How many?</b>	15	
<b>What?</b>	See above	
<b>Where?</b>	Mr Lawrence's Classroom	
<b>Cost?</b>	£78	<b>Register interest <a href="#">here</a></b>

# STEM

## Gardening KS1 & KS2

<b>Who and when?</b>	School Staff	Tuesday or Wednesday 3.15-4.15pm
<b>How many?</b>	8	
<b>What?</b>	We grow our own food and flowers, support wild-life, help with gardening in the school grounds and do arts and crafts linked to gardening.	
<b>Where?</b>	School allotment	
<b>Cost?</b>	£65	Register interest <a href="#">here</a>



## Cook Stars



<b>Who and when?</b>	Cook Stars
<b>How many?</b>	14
<b>What?</b>	Learning to cook is not only an essential life skill in itself, but is a vehicle for so much other learning. In sessions children expand their vocabulary, build fine motor skills, observe how substances combine and change, count, weigh, measure, explore, learn about healthy eating and so much more. One week, the children will make a sweet dish and the next a savoury dish. The cost includes all ingredients and packaging to bring the food home. The club can cater for allergies so please don't let this put you off booking.
<b>Where?</b>	The small hall
<b>Cost?</b>	Please see <a href="#">link</a> (Booking is made direct through Cook Stars)

# Other

## Warhammer

<b>Who and when?</b>	Mr Hickerton
<b>How many?</b>	12
<b>What?</b>	The club will provide an opportunity for your child to collect, build, paint, play and read in the worlds of Warhammer. Warhammer is a tabletop battle game which puts players in command of armies of valiant humans, noble elves, savage orcs or a variety of monstrous creatures. Players collect forces of miniature plastic models, all with different stats and abilities, and use them to play out clashes on a tabletop battlefield. Unlike a board game, where players' moves are restricted to defined areas, Warhammer commanders freely move their units set distances using rulers and resolve shooting and hand-to-hand combat by rolling dice. For more information, please visit <a href="#">Homepage – UK – Games Workshop   Warhammer Alliance (warhammer-alliance.com)</a> which is an educational support programme for the Warhammer hobby. With a wealth of resources from Games Workshop, it offers young people a chance to engage in a fun, creative and sociable hobby.
<b>Where?</b>	Mrs Wall's Classroom
<b>Cost?</b>	Free <span style="float: right;"><b>Register interest <a href="#">here</a></b></span>

## YOGA KS1 & KS2

<b>Who and when?</b>	Edubox	Wednesday 3.15-4.15pm
<b>How many?</b>	Minimum 12	
<b>What?</b>	A brand new club to our timetable for next academic year. Each yoga class includes mindfulness exercises, pranayama (breathing techniques suitable for kids), games, music and of course yoga!	
<b>Where?</b>	Mrs Durkin's Classroom	
<b>Cost?</b>	£97.50	<b>Register interest <a href="#">here</a></b>

