

EYFS overview—ELG.

	Milestone 1	Milestone 2	Milestone 3	Milestone 4
Communication and Language				
Understanding the World	<ul style="list-style-type: none"> About special times/celebrations (PP) How they have changed from a baby. (PP) Special places and connect with personal experiences. (PCC) Needs of pets. 	<ul style="list-style-type: none"> Differences between people (PP) How different beliefs celebrate special times (PP) Responsibility for looking after a living thing. (plants and pets). (TNW) 	<ul style="list-style-type: none"> Healthy choices about food, drink, activity and tooth brushing. (MS) Differences between children and adults. Care for animals, plants and the environment. 	<ul style="list-style-type: none"> Talk about different factors that support their overall health and wellbeing. (MS)
Past and Present				
People, Culture and Communities				
The Natural World				
Personal, Social and Emotional Development				
	<ul style="list-style-type: none"> Children talk about their feelings using words like ‘happy’, ‘sad’, ‘angry’ or ‘worried’. (SR) Children talk with others to solve conflicts, sometimes needing adult support. (BR) Self-care e.g. brushing teeth, using the toilet, drying their hands etc. (MS) Understand the meaning of perseverance and resilience. (SR) 	<ul style="list-style-type: none"> Developing a sense of responsibility in the community. (BR) Showing empathy to others (SR) Following rules and following rules (BR) Managing their own needs Healthy choices. (MS) Managing feelings (SR) 	<ul style="list-style-type: none"> Finding solutions to conflicts and rivalries. (BR) Celebrating what is positive about themselves. (SR) Talking about right/wrong Relationships with friends, adults and family members. (BR) Identifying feelings within stories. (SR) 	<ul style="list-style-type: none"> Problem solving Identify and moderate their own feelings socially and emotionally. (BR and SR) Show resilience and perseverance in the face of a challenge. (BR) Talk about feelings and others feelings. (SR)
• Self regulation				
• Managing self				
• Building Relationships				
Expressive Arts and Design				
Mathematics				
Literacy				
Physical Development				
• Gross motor skills	<ul style="list-style-type: none"> Increasing independence as they get dressed and undressed. E.g. putting coats on and doing up zips. Managing the school day successfully: lining up, queuing, mealtimes. 			
• Fine motor skills				

PSHE Year Overview

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1	Identity, society and equality Me and others	Physical health and well-being Fun times	Mental health and emotional wellbeing Feelings	Keeping safe and managing risk Feeling safe	Drug, alcohol and tobacco education: What do we put into and on to bodies?	Careers, financial capability and economic well-being My money
Year 2	Mental Health and Emotional Well being: Friendship	Keeping Safe and Managing Risk: Indoors and outdoors	Drug, Alcohol and tobacco education: Medicines and me	Relationships and sex education Boys, girls and families	Relationships and sex education: Boys, girls and families	Physical health and well-being: What keeps me healthy?
Year 3	Drug, alcohol and tobacco education: Tobacco is a drug	Keeping safe and managing risk : Bullying – see it, say it, stop it	Mental health and emotional wellbeing: Strengths and challenges	Identity, society and equality: Celebrating difference	Careers, financial capability and economic well-being: Saving, spending and budgeting	Physical health and well-being: What helps me choose?
Year 4	Identity, society and equality: Democracy	Drug, alcohol and tobacco education : Making choices	Physical health and well-being What is important to me?	Keeping safe and managing risk Playing safe	Relationships and sex education Growing and changing	Relationships and sex education Growing and changing
Year 5	Physical health and well-being In the media	Identity, society and equality Stereotypes, discrimination and prejudice (including tackling homophobia)	Keeping safe and managing risk: When things go wrong	Mental health and emotional wellbeing: Dealing with feelings	Drug, alcohol and tobacco education: Different influences	Careers, financial capability and economic well-being: Borrowing and earning money
Year 6	Keeping safe and managing risk Keeping safe - out and about FGM	Identity, society and equality Human rights	Mental health and emotional wellbeing Healthy minds	Drug, alcohol and tobacco education Weighing up risk	Sex and relationship education: Healthy relationships / How a baby is made	Sex and relationship education: Healthy relationships / How a baby is made

Ling Moor Primary Academy

PSHE - EYFS

Milestone 1	Milestone 2	Milestone 3	Milestone 4
<p>Milestone 1</p> <p>Pupils learn about:</p> <ul style="list-style-type: none"> • Children talk about their feelings using words like 'happy', 'sad', 'angry' or 'worried'. • Children talk with others to solve conflicts, sometimes needing adult support. • Self-care e.g. brushing teeth, using the toilet, drying their hands etc. • Understand the meaning of perseverance and resilience. • About special times/celebrations • How they have changed from a baby. • Special places and connect with personal experiences. • Needs of pets. 	<p>Milestone 2</p> <p>Pupils learn about:</p> <ul style="list-style-type: none"> • Developing a sense of responsibility in the community. • Showing empathy to others • Following rules and following rules • Managing their own needs • Healthy choices. • Managing feelings • Differences between people • How different beliefs celebrate special times • Responsibility for looking after a living thing. (plants and pets). 	<p>Milestone 3</p> <p>Pupils will learn about:</p> <ul style="list-style-type: none"> • Finding solutions to conflicts and rivalries. • Celebrating what is positive about themselves. • Talking about right/wrong • Healthy choices about food, drink, activity and tooth brushing. • Relationships with friends, adults and family members. • Identifying stories within stories. • Differences between children and adults. • Care for animals, plants and the environment. 	<p>Milestone 4</p> <p>Pupils will learn about:</p> <ul style="list-style-type: none"> • Problem solving • Identify and moderate their own feelings socially and emotionally. • Show resilience and perseverance in the face of a challenge. • Talk about feelings and others feelings. • Talk about different factors that support their overall health and wellbeing.

Ling Moor Primary Academy

PSHE - Year 1

Autumn 1 Identity, society and equality.	Spring 1 Mental health and emotional wellbeing	Summer 1 Drug, Alcohol and tobacco education
<p style="text-align: center;">Me and Others</p> <p>Pupils learn about:</p> <ul style="list-style-type: none"> • What makes themselves and others special. • About roles and responsibilities at home and in school. • About being cooperative with others <p>*** Socialising with friends and family***</p>	<p style="text-align: center;">Feelings</p> <p>Pupils learn about:</p> <ul style="list-style-type: none"> • About different types of feelings. • About managing different types of feelings. • About change or loss and how this can feel. <p>*** Friendships</p>	<p style="text-align: center;">What do we put into and on our bodies?</p> <p>Pupils learn about:</p> <ul style="list-style-type: none"> • About what can go into our bodies and how it can make us feel. • About what can go on to bodies and how it can make people feel.
Autumn 2 Keeping safe and managing risk	Spring 2 Physical health and wellbeing	Summer 2 Careers. Financial capability and economic wellbeing
<p style="text-align: center;">Feeling Safe:</p> <p>Pupils learn about:</p> <ul style="list-style-type: none"> • Safety in familiar situations. • About personal safety. • About people who help keep them safe outside the home. 	<p style="text-align: center;">Fun times</p> <p>Pupils learn about:</p> <ul style="list-style-type: none"> • About food that is associated with special times, in different cultures. • About active playground games from around the world. • About sun safety 	<p style="text-align: center;">My money</p> <p>Pupils learn about:</p> <ul style="list-style-type: none"> • About where money comes from and making choices about spending money. • About saving money and how to keep it safe. • About the different jobs people do.

Ling Moor Primary Academy

PSHE - Year 2

Autumn 1 Mental health and emotional wellbeing	Autumn 2 Keeping Safe and Managing Risk	Spring 1 Drug, Alcohol and tobacco education
<p style="text-align: center;">Friendship</p> <p>Pupils learn about:</p> <ul style="list-style-type: none"> About the importance of special people in their lives. About making friends and who can help with friendships. About solving problems that might arise with friendship. <p>*** Friendships</p>	<p style="text-align: center;">Indoors and Outdoors</p> <p>Pupils learn about:</p> <ul style="list-style-type: none"> About keeping safe in the home, including fire safety. About keeping safe outside. About road safety. 	<p style="text-align: center;">Medicines and me.</p> <p>Pupils learn about:</p> <ul style="list-style-type: none"> Why medicines are taken. Where medicines come from. About keeping themselves safe around medicines. <p>ASTHMA LESSON (Year 2 / 3 or 4)</p> <p>That medicines can be used to manage and treat medical conditions such as asthma, and that it is important to follow instructions for their use.</p>
Spring 2 Relationships and Sex Education	Summer 1 Relationships and Sex Education	Summer 2 Physical health and wellbeing
<p style="text-align: center;">Boys, girls and families</p> <p>Pupils learn about:</p> <ul style="list-style-type: none"> to understand and respect the differences and similarities between people about the biological differences between male and female animals and their role in the life cycle the biological differences between male and female children 	<ul style="list-style-type: none"> about growing from young to old and that they are growing and changing that everybody needs to be cared for and ways in which they care for others about different types of family and how their home-life is special 	<p style="text-align: center;">What Keeps me Healthy?</p> <p>Pupils learn about:</p> <ul style="list-style-type: none"> about eating well about the importance of physical activity, sleep and rest about people who help us to stay healthy and well and about basic health and hygiene routines <p>**** Sleep</p>

Ling Moor Primary Academy

PSHE - Year 3

Autumn 1 Drug, alcohol and tobacco education:	Autumn 2 Keeping safe and managing risk :	Spring 1 Mental Health and emotional well being
<p style="text-align: center;">Tobacco is a drug</p> <p>Pupils learn about:</p> <ul style="list-style-type: none"> The definition of a drug and that drugs (including medicines) can be harmful to people. About the effects and risks of smoking and secondhand smoke. About the free help available for people to remain smoke free or stop smoking <p>Asthma Lesson</p> <p>That medicines can be used to manage and treat medical conditions such as asthma and that it is important to</p>	<p style="text-align: center;">Bullying – see it, say it, stop it</p> <p>Pupils learn about:</p> <ul style="list-style-type: none"> To recognise bullying and how it can make people feel. About different types of bullying and how to respond to incidents of bullying. About what to do if they witness bullying <p>*** Bullying</p>	<p style="text-align: center;">Strengths and Challenges</p> <p>Pupils learn about:</p> <ul style="list-style-type: none"> About celebrating achievements and setting personal goals. About dealing with put downs About positive ways to deal with set backs.
Spring 2 Identity Society and Equality	Summer 1 Careers. Financial capability and economic wellbeing	Summer 2 Physical health and wellbeing
<p style="text-align: center;">Celebrating Difference</p> <p>Pupils learn about:</p> <ul style="list-style-type: none"> About valuing the similarities and differences between themselves and others. What is meant by community. Pupils learn about belonging to groups. <p>** Belong to groups/friendships</p>	<p style="text-align: center;">Saving Spending and Budgeting</p> <p>Pupils learn about:</p> <ul style="list-style-type: none"> What influences people’s about spending and saving money. How people can keep track of their money. About the world of work. 	<p style="text-align: center;">What helps me chose:</p> <p>Pupils learn about:</p> <ul style="list-style-type: none"> Making healthy choices about food and drinks] How branding can affect what foods people choose to buy Keeping active and some of the challenges of this.

Ling Moor Primary Academy

PSHE - Year 4

Autumn 1 Identity, society and equality:	Autumn 2 Drug, alcohol and tobacco education :	Spring 1 Physical health and wellbeing Identity, society and equality:
<p style="text-align: center;">Democracy</p> <p>Pupils learn about:</p> <ul style="list-style-type: none"> • Britain as a democratic society. • How laws are made. • The local council. 	<p style="text-align: center;">Making choices</p> <p>Pupils learn about:</p> <ul style="list-style-type: none"> • That there are drugs, other than medicines, that are common in everyday life , and why people chose to use them. • The effects and risks of drinking alcohol. • Different patterns of behaviour that are related to drug use. <p>ASTHMA LESSON (For Years 2, 3or 4)</p> <p>That medicine can be used to manage and treat medical conditions such as asthma, and that it is important to follow instructions for their use</p>	<p style="text-align: center;">Democracy</p> <p>Pupils learn about:</p> <ul style="list-style-type: none"> • Britain as a democratic society. • How laws are made. • The local council. <p style="text-align: center;">What is important to me?</p> <p>Pupils learn about:</p> <ul style="list-style-type: none"> • Why people may eat or avoid certain foods (religious, moral, cultural or health reasons) • Other factors that contribute to people’s food choices (ethical farming, fair trade and seasonality). • The importance of getting enough sleep <p>**Sleep</p>
Spring 2 Keeping safe and managing risk	Summer 1 Relationships and Sex Education	Summer 2 Relationships and sex education
<p style="text-align: center;">Playing safe</p> <p>Pupils learn about:</p> <ul style="list-style-type: none"> • How to keep safe in their computer gaming habits. 	<p style="text-align: center;">Growing and changing</p> <p>Pupils learn about:</p> <ul style="list-style-type: none"> • The way we grow and change throughout the human lifecycle. 	<p style="text-align: center;">Growing and changing</p> <ul style="list-style-type: none"> • How puberty affects emotions and behaviour and strategies for dealing with the changes associated with puberty.

Ling Moor Primary Academy

PSHE - Year 5

Autumn 1 Physical health and wellbeing	Autumn 2 Identity, society and equality	Spring 1 Keeping safe and managing risk:
<p>In the media</p> <p>Pupils learn about:</p> <ul style="list-style-type: none"> • Messages given on food adverts can be misleading. • Role models. • How the media can manipulate images and that these images may or may not reflect reality. 	<p>Stereotypes, discrimination and prejudice (including tackling homophobia)</p> <p>Pupils learn about:</p> <ul style="list-style-type: none"> • Stereotyping, including gender stereotyping. • About prejudice and discrimination and how this can make people feel. 	<p>When things go wrong.</p> <p>Pupils learn about:</p> <ul style="list-style-type: none"> • Keeping safe on line • That violence within relationships is not acceptable. • Problems what can occur when someone goes missing from home. <p>***Keeping safe online</p>
Spring 2 Mental health and emotional wellbeing:	Summer 1 Drug, alcohol and tobacco education:	Summer 2 Careers, financial capability and economic wellbeing:
<p>Dealing with feelings</p> <p>Pupils learn about:</p> <ul style="list-style-type: none"> • A wide range of emotions and feelings and how these are experienced within the body. • Times of change and how this can make people feel. • Feelings associated with loss, grief and bereavement. 	<p>Different influences</p> <p>Pupils learn about:</p> <ul style="list-style-type: none"> • Risks associated with smoking drugs (cigarettes, e cigarettes and cannabis) • Different influences on drug use (alcohol, nicotine and tobacco products) • Strategies to resist pressure from others about whether to use drugs—alcohol and smoking drugs. 	<p>Borrowing and earning money</p> <p>Pupils learn about:</p> <ul style="list-style-type: none"> • Money can be borrowed but there are risks associated with this. • About enterprise • What influences people’s decisions about careers.

Ling Moor Primary Academy

PSHE - Year 6

Autumn 1 Keeping safe and managing risk	Autumn 2 Identity, society and equality	Spring 1 Mental health and emotional wellbeing
<p>Keeping safe - out and about</p> <p>Pupils learn about:</p> <ul style="list-style-type: none"> Feelings of being out and about in the local area with increased confidence Recognising and responding to peer pressure The consequences of anti social behaviour <p>**Bullying/peer pressure</p>	<p>Human rights</p> <p>Pupils learn about:</p> <ul style="list-style-type: none"> People who have moved to the area from other places (including the experiences of refugees) Humans rights and the UN Convention on the Rights of the Child. Homelessness 	<p>Healthy minds</p> <p>Pupils learn about:</p> <ul style="list-style-type: none"> What mental health is What can affect mental health and some ways of dealing with this Some everyday ways to look after mental health The stigma and discrimination that can surround mental health
Spring 2 Drug, alcohol and tobacco education	Summer 1 Relationships and Sex Education	Summer 2 Relationships and Sex Education
<p>Weighing up risk</p> <p>Pupils learn about:</p> <ul style="list-style-type: none"> The risks associate with using different drugs including tobacco and nicotine products, alcohol , solvents, medicines and other legal an illegal drugs. Assessing the level of risk in different situations involving drug use, Ways to manage risks in situations involving drug 	<p>Healthy Relationships / How a baby is made</p> <p>Pupils learn about:</p> <ul style="list-style-type: none"> Changes that occur during puberty. To consider different attitudes and values around gender stereotyping and sexuality and consider their origin and impact What values are important to them in relationships and to appreciate the importance of friendship in intimate relationships 	<p>Healthy Relationships / How a baby is made</p> <ul style="list-style-type: none"> Human reproduction in the context of the human lifecycle How a baby is made and grows (conception and pregnancy) The roles and responsibilities of parents and car-ers. Answer each others questions about sex and relationships with confidence, where to find sup-